

# How Sweet It Is!

## RINGTAIL'S HOLLOW Environment & Outdoors



### The Adventure:

Visit a sugarbush and find out how maple syrup is made! A sugarbush is an orchard of sugar maples. When the weather gets warm in the spring, sap begins to flow in the trees. Farmers boil the sap to make maple syrup—a sweet treat!

### Online Resources:

- Sugarbush Maple Syrup Festival
- Kortwright Centre for Conservation
- Canadian Gold: Maple Syrup Then and Now
- Long's Maple Syrup
- How to Make Maple Syrup
- How to Make Maple Syrup



### Safety Note:

- Use the buddy system. Help one another to avoid getting lost.
- If you do get lost, remember to **hug a tree!**

### Plan:

- What sugarbush will you visit?
- What weather do you expect? How will you dress?
- What should you pack?

### Do:

- Explore a sugarbush!
- Find out how maple syrup is made, and maybe even try some! Yum!

### Review:

- What do you know now that you did not know before?
- What was your favourite part of this adventure?
- How do you enjoy maple syrup?
- What does a sugar maple look like? How can you tell what one looks like without any leaves?
- How did you stay safe on this adventure?