



Participant Food*

Shops

At the Jamboree there will be shops similar to grocery stores where the Participants buy their food. The food will be purchased using a point system, which is described further on in the text below. There is however a number of differences compared to a regular grocery store:

- The number of supplies and the number of choices available will be less than a regular grocery store.
- The meals will be based on one daily main ingredient and many supplies to create the meal.
- The shop will carry food for breakfast, lunch, dinner and evening meal/snack.
- The shop will not carry any candy or ice cream.
- There will be one shop in each Town. The participants are only allowed to collect food from the shop in the Town where they live.

Due to the fact that it will not be possible to keep food cold in the Subcamps, it is essential that the time from buying to cooking is kept short. The opening hours of the shops will be from early in the morning until late evening. The shops will be closed a few hours each day in order for the staff to do an inventory check, clean, and fill the shops with the new supplies.

The main idea with this shop is that the Patrol will plan its own meals. The planned list of supplies will be posted on the WJ website at some point prior to the Jamboree. All items will also have a value in points. The Patrol will have the possibility to plan their meals prior to coming to the Jamboree.

We want all participants to have a good food experience, so it is important that they are helped to understand the shop concept before arriving at the Jamboree. The participants will visit the shop every day, and pick up enough supplies to last them for that day. This is to avoid shortage in the shops and waste in the Subcamps.

Points System

The Patrol will get a card which is pre-filled with points budgeted to last throughout the Jamboree. It will not be possible to buy anything in the shop unless the Patrol can provide a card to the cashier. Each payment will result in points being deducted from the balance. The Patrols will receive feedback on how many points they have spent.

One part of the Jamboree vision is to encourage meetings of different kinds, and one of these will be over meals. We encourage Patrols to invite other Patrols for dinner. We also encourage the Patrol to plan and budget and make active decisions about what they eat. If they are planning to invite others for a meal and have a celebration, they will need to plan for this by having a couple of meals that do not need so many points.

Food Inspiration Area

There will be an area near each shop which is called the Food Inspiration Area. The Food Inspiration Area will be able to give advice to the Patrol about:

- Recipes; answering questions like “What should I eat today that contains melon?”
- Dietary needs; answering questions like “Can I eat XXX if I am allergic to YYY?”, “This recipe contains pasta; what should we replace it with?”

In order to further teach the participants about food, it will be possible to taste food in the Food Inspiration Area. The food which can be tasted is based on the same list of supplies provided to the Patrols and cooked with the same equipment which will be provided to the Patrols when they arrive at the Jamboree.

Menu

We will produce a food book which will be handed out to the Patrols when they arrive at the Jamboree. The food book will contain proposals for all meals during the Jamboree and will be based on one main ingredient per meal per day. The proposal for lunch will be a lighter meal as the Patrols may be away from the location where they cook and need to carry the lunch when they leave after breakfast. The proposal for the dinner will be a heavier meal.

There will be several suggestions for each meal, based on the main ingredient. Some examples are:

- Swedish food
- International food
- Vegetarian food
- A meal with minimal impact on the environment

For each meal there will be advice concerning what the Patrol needs to replace if somebody is allergic to gluten or lactose or if the food contains pork meat.

All participants will take part in Camp in Camp, where they will bring food to sustain themselves for 24 hours. The food book will contain advice on what to bring since this will be 24 hours where the Patrol has to plan in advance.

It is very important to emphasize that the recipes in the food book are proposals and not something that the Patrols must cook. We encourage the Patrol to plan their meals based on the main ingredient and the supplies in the shop.

Special Food

There will be many different dietary needs during the Jamboree based on the medical, religious and cultural needs. The ambition is that if the need is known in advance, we will make sure that the participant has a good food experience from the day they arrive at the Jamboree. In the event that a participant’s special need is not indicated in advance by his/her Contingent, the Contingent shall be responsible for attending to the participant’s special dietary requirements until we can get proper supplies. That being said, if you did not indicate your dietary need(s) on your application form at the time of registration, please be sure to contact the Melissa Jowett at the Scouts Canada National office (mjowett@scouts.ca) immediately so she can update your information in the Swedish registration system.

As the Patrols are responsible for planning and buying their food, special dietary needs will be easier to handle. If a participant is allergic to tomatoes, for example, the Patrol will make sure that the food does not contain tomatoes when they go to the shop to buy their food.

There will be a number of individuals who have a very special dietary need, where it is easier to give individual assistance. Each shop will have an area where these individuals can collect their daily supplies.

*This information was taken from the 22nd World Scout Jamboree Sweden 2011 Bulletin 5: November, 2010