

Summer Day Camp Program: Survival Guide



All of us at Camp Samac are very excited about our upcoming Summer Day Camp program. We want to share our excitement by providing you with information that will answer many of your questions.

This survival guide aims to give you some details about daily activities, a list of what you need to bring to camp, and much more, so read on!

Optional Plans/Services Available

Extended Care: \$25/week (per option)

Drop off as early as 8:00AM and late pick-up until 5:00PM.

Canteen: Each day, campers will have a scheduled visit with their group to our camp canteen (on-site tuck shop). If campers wish to make a small purchase, a variety of sweet treats (e.g., freezies, ice cream sandwiches) and cool refreshments (e.g., pop) are available. **Cash only.**

Arrival & Pick Up

Campers are to be dropped off between **8:30AM**– **9:00AM Monday to Friday**. Please use **275 Conlin Street entrance** to the Camp Samac and park in the parking lot. Families must sign their child(ren) in and out each day. Pick up is at **4:30PM**.

Arrangements can be made for extended hours at a minimal fee. Please e-mail our Administrative Coordinator at **campsamac@scouts.ca** for more details.

Nitty Gritty Program Details

Camp Samac is the place to be this summer! Our Day Camp is an outdoor focused program, which emphasizes the development of outdoor skills, environmental awareness and wilderness exploration on the camp's 166 scenic acres. The Senior Staff operate out of Cabin 1, the closest cabin to the Council Hall parking lot at Camp Samac, 275 CONLIN ROAD EAST in Oshawa.

The Day Camp is for youth ages 7 to 13+ and has space for a maximum of 132 kids per week.

Youth are placed according to age into a camper group supervised by trained counsellors. Our daily program is very well balanced. The activities are selected to build outdoor skills, self-confidence, respect for others and the environment, teamwork, and of course because they are fun! Each activity is age-appropriate and takes into consideration skill levels of the youth participating.

Each camper will enjoy activities within his/her group as well as visiting our many sites on the property, including: our Waterfront Centre where campers participate in canoeing; the Arts & Crafts Centre where they create, build, sculpt, and paint; and our Nature Centre where youth will learn about the many species of plants and animals at Camp Samac and participate in fun projects involving nature and the environment. Our campers also have access each day to our outdoor pool where our campers hone their swimming skills, or enjoy playing in the water with friends. We pride our program on the emphasis of outdoor skill development, including but not limited to: fire and shelter building, knot tying, hiking, and orienteering.

Note: Activities may vary based on weather conditions.

Important Information

Behaviour

The rules and regulations of the camp will be discussed with each camper on the first day of camp. Campers are not permitted to wander off unsupervised or leave camper groups without permission. We reserve the right to send home any camper who continually displays unsafe behaviour. This is to ensure the utmost safety of all participants.

Medication

If medication is required, please ensure that this information is on your child's registration form. It must be in a secure package (zip lock bag is good), and delivered to the staff at camp. The medication is to be labeled as follows: Camper's name, program/dates, type of medication and dosage, treatment and reason for medication. Medication will be stored with our Day Camp Coordinator and will be given as you have directed. Please advise us if there are any changes to medication during your child's stay.

Lost & Found

All Lost & Found articles will be stored in Cabin 1 until the end of each week. Please check the Lost & Found on Friday afternoons. After the camp season, lost & found will be sorted and only those deemed valuable will be kept at the Summer Office (Cabin 1) until the end of summer, at which time any unclaimed articles will be donated to a charitable organization.

T-Shirts

Each youth will receive a t-shirt as a memento from summer camp. Please indicate the preferred size in the appropriate section of the online registration form. Every effort will be made to accommodate your size selection. T-shirt sizes are available in the following sizes: YOUTH SIZES: small (size 6–8), medium (size 10–12), and large (size 14–16). ADULT SIZES: small, medium, large, extra large and 2X-large.

Camp Activities & Scouting Badge Work

As of 2016, we have revised our badge program to more closely align with the Canadian Path program. Through Camp Samac's Summer Programs, your child will complete several activities and learn many new skills, which would satisfy requirements for the **Outdoor Adventure Skills**. For youth involved in the Scouting, please request this tracking sheet be completed when dropping off your camper(s) on their first day. This record is to be given to your child's Scouting leader.

See Scouts.ca & enter your postal code to find a Scouting Group near you!

Safety Measures

Our summer programs will be planned in alignment with the Ministry of Health Day Camp guidelines and Durham Region Public Health guidelines. Any changes to this guidance may result in changes to camp offerings, protocols, services, and/or cancellations of programs/services with little notice. Measures that will be in place to ensure a safe and healthy camping experience include but aren't limited to:

- Scouts Canada mandatory vaccine policy for all staff & youth 12+
- Staff roles dedicated to routine cleaning and equipment disinfection
- Outdoor programming as much as possible; designated indoor locations for each cohort in inclement weather
- · No food services
- Masking indoors & distancing requirements (as determined by Public Health)
- Daily screening tool for staff & campers (as determined by Public Health)

Camp Absenteeism

It is a parent/guardian's responsibility to notify us if your child will not be attending camp on any given day. Loved ones are requested to call the direct line to the summer program office or provide written notification in advance. The camp office is located in Cabin 1 and the direct line is at **905-259-8865**. Please contact this number to inform us if a child will not be attending camp or will be late on any given day, to inquire about program information and for any issues pertaining to your child's experience at camp.

Parent/Guardian Feedback

Camp staff appreciates your feedback, suggestions and ideas, as we feel that parents do contribute to the quality of our program. We encourage you to speak with your child's Camp Counsellor regarding special instructions and considerations that will contribute to the camping experience for your child. Written notes regarding specific instructions are handy. Sign-In and Sign-Out are ideal times to communicate any changes or daily needs. If you do have further questions, wish to express concerns, or highlight the extra efforts of our dedicated staff; please speak with our Summer Program Director or the Day Camp Coordinator. Leave a voice message if they are not in the office at the time of your call. Once Camp is underway beginning in July 4 until September 2, 2022, they may be reached directly at the Summer Program Office located in Cabin 1 (905-259-8865).



WARNING!

Camp = Nut Free Zone

Due to the severity of tree nut and peanut allergies, our camp, like many others, endeavors to be as nut-free as possible. This means that ALL nut products are restricted from camp. Please read labels of purchased food goods being sent in lunches. If nut products are found they will be confiscated and parents will be contacted. Thank you for your assistance in this matter and in providing a healthy, safe environment for all our campers.



Packing Checklist

Your child will need:

Sunscreen

☐ Refillable water bottle

☐ Hat

☐ Running shoes

☐ Extra clothes & socks in case

☐ Swimsuit & towel

☐ Canteen money (optional)

☐ Lifejacket (optional)

Rainy day gear (if applicable)

☐ Bug spray

☐ Extra face masks

☐ Hand sanitizer

Label all articles with camper's name. Place articles in a knapsack that can be carried by your child.

Reminders

Please remember that if your camper has any dietary restrictions, allergies, medication conditions, disorders, and/ or special care requirements, please ensure you detail this information for our team when registering your camper online.

Should an incident happen at camp, parent(s)/guardian(s) or the emergency contacts will be notified. If a trip to the hospital is required, a Senior Staff member will accompany the camper and will wait at the hospital until the youth's loved ones arrive.

Campers will be receiving a phone call from their Counsellor on the weekend (between Friday to Sunday evening) before they come to camp to introduce themselves and answer any questions you may have at that time. Counsellors as well as the Summer Program Director and Day Camp Coordinator will be available throughout camp to answer any new questions.

