



It starts with Scouts.

CAMP SAMAC

Day Camp: Survival Guide



Dear Parents & Guardians...

All of us at Camp Samac are very excited about our upcoming Summer Day Camp program. We want to share our excitement by providing you with information that will answer many of your questions.

This survival guide aims to give you some details about daily activities, a list of what you need to bring to camp, and much more, so read on!



Optional Plans/Services Available

Extended Care: \$25/week (per option)

Drop off as early as 8:00AM and late pick-up until 5:00PM.

Canteen: Each day, campers will have a scheduled visit with their group to our camp canteen (on-site tuck shop). If campers wish to make a small purchase, a variety of sweet treats (e.g., freezies, ice cream sandwiches) and cool refreshments (e.g., pop) are available. **Cash only.**

Arrival & Pick Up

All campers are to be dropped off between **8:30–9:00AM Monday to Friday**. Please use 275 Conlin Road, Oshawa, ON entrance to the Camp Samac and park in the parking lot. Families must sign their child(ren) in and out each day.

Regular pick up is between 4:00–4:30PM. Arrangements can be made for extended hours at a minimal fee. Please e-mail our Administrative Coordinator at campsamac@scouts.ca for more details.



[Scouts.ca/camps/camp-samac.html](https://scouts.ca/camps/camp-samac.html)



Camp Samac was voted "Best Kids Camp" & "Best Summer Camp" in the Best of the Diamonds Readers' Choice Awards (Durham Region) for 2022.

Nitty Gritty Program Details

Camp Samac is the place to be this summer! Our Day Camp is an outdoor focused program, which emphasizes the development of outdoor skills, environmental awareness and wilderness exploration on the camp's 166 scenic acres. The Senior Staff operate out of Cabin 1, the closest cabin to the Council Hall parking lot at **Camp Samac, 275 CONLIN ROAD EAST in Oshawa.**

The Day Camp is for youth ages 7 to 13+ and has space for a maximum of 168 kids per week. Youth are placed according to age into a camper group supervised by trained counsellors. Our daily program is very well balanced. The activities are selected to build outdoor skills, self-confidence, respect for others and the environment, teamwork, and of course because they are fun! Each activity is age-appropriate and takes into consideration skill levels of the youth participating.

Each camper will enjoy activities within his/her group as well as visiting our many sites on the property, including: our Waterfront Centre where campers participate in canoeing; the Arts & Crafts Centre where they create, build, sculpt, and paint; and our Nature Centre where youth will learn about the many species of plants and animals at Camp Samac and participate in fun projects involving nature and the environment. Our campers also have access each day to our outdoor pool where our campers hone their swimming skills, or enjoy playing in the water with friends. We pride our program on the emphasis of outdoor skill development, including but not limited to: fire and shelter building, knot tying, hiking, and orienteering. *Note: Activities may vary based on weather conditions.*

Important Information

Behaviour

The rules and regulations of the camp will be discussed with each camper on the first day of camp. Campers are not permitted to wander off unsupervised or leave camper groups without permission. We reserve the right to send home any camper who continually displays unsafe behaviour. This is to ensure the utmost safety of all participants.

Medication

If medication is required, please ensure that this information is on your child's registration form. It must be in a secure package (zip lock bag is good), and delivered to the staff at camp. The medication is to be labeled as follows: Camper's name, program/dates, type of medication and dosage, treatment and reason for medication. Medication will be stored with our Day Camp Coordinator and will be given as you have directed. Please advise us if there are any changes to medication during your child's stay.

Lost & Found

All Lost & Found articles will be stored in Cabin 1 until the end of each week. Please check the Lost & Found on Friday afternoons. After the camp season, lost & found will be sorted and only those deemed valuable will be kept at the Summer



Office (Cabin 1) until the end of summer, at which time any unclaimed articles will be donated to a charitable organization.

T-Shirts

Each youth will receive a t-shirt as a memento from summer camp. Please indicate the preferred size in the appropriate section of the online registration form. Every effort will be made to accommodate your size selection. T-shirt sizes are available in the following sizes:

YOUTH SIZES: small (size 6–8), medium (size 10–12), and large (size 14–16).

ADULT SIZES: small, medium, large, extra large and 2X-large.

WARNING!

Camp = Nut Free Zone

Due to the severity of tree nut and peanut allergies, our camp, like many others, endeavors to be as nut-free as possible. This means that ALL nut products are restricted from camp. Please read labels of purchased food goods being sent in lunches. If nut products are found they will be confiscated and parents/guardians will be contacted.

Thank you for your assistance in this matter and in providing a healthy, safe environment for all our campers.



[Scouts.ca/camps/camp-samac.html](https://scouts.ca/camps/camp-samac.html)

Packing List

- | | |
|---|---|
| <input type="checkbox"/> Lunch + two snacks (peanut free) | <input type="checkbox"/> Lifejacket (optional) |
| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Rainy day gear (if applicable) |
| <input type="checkbox"/> Refillable water bottle | <input type="checkbox"/> Bug spray |
| <input type="checkbox"/> Hat | <input type="checkbox"/> Hand sanitizer |
| <input type="checkbox"/> Running shoes | <input type="checkbox"/> Label all articles with camper's name. Place articles in a knapsack that can be carried by your child. |
| <input type="checkbox"/> Extra clothes & socks in case | |
| <input type="checkbox"/> Swimsuit & towel | |
| <input type="checkbox"/> Canteen money (optional) | |

Reminders

- Please remember that if your camper has any dietary restrictions, allergies, medication conditions, disorders, and/or special care requirements, please ensure you detail this information for our team when registering your camper online.
- Should an incident happen at camp, parent(s)/guardian(s) or the emergency contacts will be notified. If a trip to the hospital is required, a Senior Staff member will accompany the camper and will wait at the hospital until the youth's loved ones arrive.

Camp Activities & Scouting Badge Work

See **Scouts.ca** and enter your postal code to find a Scouting Group near you!

As of 2016, we have revised our badge program to more closely align with the Canadian Path program. Through Camp Samac's Summer Programs, your child will complete several activities and learn many new skills, which would satisfy requirements for the **Outdoor**

Adventure Skills.

For youth involved in the Scouting, please request this tracking sheet be completed when dropping off your camper(s) on their first day. This record is to be given to your child's Scouting leader.

Safety Measures

Our summer programs will be planned in alignment with the Ministry of Health Day Camp guidelines and Durham Region Public Health guidelines. Any changes to this guidance may result in changes to camp offerings, protocols, services, and/or cancellations of programs/services with little notice. Measures that will be in place to ensure a safe and healthy camping experience include but aren't limited to:

- Staff roles dedicated to routine cleaning and equipment disinfection
- Outdoor programming as much as possible; designated indoor locations for each cohort in inclement weather
- No food services

Camp Absenteeism

It is a parent/guardian's responsibility to notify us if your child will not be attending camp on any given day. Loved ones are requested to call the direct line to the summer program office or provide written notification in advance. The camp office is located in Cabin 1 and the direct line is at **905-259-8865**. Please contact this number to inform us if a child will not be attending camp or will be late on any given day, to inquire about program information and for any issues pertaining to your child's experience at camp.

Parent/Guardian Feedback

Camp staff appreciates your feedback, suggestions and ideas, as we feel that parents do contribute to the quality of our program. We encourage you to speak with your child's Camp Counsellor regarding special instructions and considerations that will contribute to the camping experience for your child. Written notes regarding specific instructions are handy. Sign-In and Sign-Out are ideal times to communicate any changes or daily needs. If you do have further questions, wish to express concerns, or highlight the extra efforts of our dedicated staff; please speak with our Summer Program Director or the Assistant Director. Leave a voice message if they are not in the office at the time of your call. Once Camp is underway beginning in **July 3 until September 1, 2023**, they may be reached directly at the Summer Program Office located in Cabin 1 (**905-259-8865**).

Campers will be receiving a phone call from their Counsellor on the weekend (between Friday to Sunday evening) before they come to camp to introduce themselves and answer any questions you may have at that time. Counsellors as well as the Summer Program Director and Senior Staff will be available throughout camp to answer any new questions.



See you soon!



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