

Germs!

THE SWINGING BRIDGE Active & Healthy Living



The Adventure :

Do you know how germs are spread? More importantly, do you know how to keep germs from being spread? Learn how germs are spread by using Glo Germ and a black light. The Glo Germ powder can't be seen without the black light, so it gets around just like real germs, which are too small to see.

Put some Glo Germ powder on some (not all) equipment for an activity. For example, you might put some powder

on a few markers and then take time to draw pictures, or put some on a ball and play a game. Your Lair can even try this with another Lair in your Pack—only that Lair won't know about the Glo Germ powder.

When you're done your activity, use the black light to see how the "germs" have spread! Then try to wash up, and see if you've done a good job by again using the black light.



Online Resources :

- Glo Germ
- Germ Night
- Proper Hand Washing
- Weird Science Handwashing

Safety note:

The Glo Germ powder shows you just how real germs are spread. Remember that you may be spreading real germs during this activity. How can you keep from getting sick after this Adventure is over?

Plan:

- What do you need for this Adventure?
- How will you get the gear you need?
- When and where will you share this Adventure?
- What activity will you do spread the Glo Germ?
- Has every Cub in the Lair agreed on all the details?

Do:

- Do your activity, then find out how the Glo Germ powder has spread.
- Clean up the Glo Germ powder. Use the black light to make sure you've done a good job.

Review:

- What do you know now that you did not know before?
- What unexpected places did the Glo Germ powder get to?
- How can you prevent the spread of germs?
- What would you change if you were to try this Adventure again?