



Plan:

- Decide on time and location for this activity. Who will make the arrangements?
- How many Scouts are taking part? How can all Scouts light fires while Leaving No Trace?
- What skills do you need to practise for this adventure?
- What materials do you need to take with you and who will bring them?

Do:

- Responsibly gather natural kindling and fuel (Leave No Trace)
- Lay fire
- Light fire using only one match
- Tend fire; ensure it is established

Review:

- What do you know now that you did not know before?
- How did you handle this activity?
- What would you do differently in the future?
- How did you feel during this challenge?
- What were some highlights?

Safety Note:

- If you're using any tools with blades (knives, saws, hatchets, axes), talk about how to use them safely before beginning this challenge.
- Do you have a first aid kit on hand?
- What will you need to be able to extinguish your fire on short notice, and make sure your fire is dead out before leaving the site?
- How can you stay safe when handling hot liquids?

Online Resources:

- [How to Split a Match](#)
- [Light a One Match Fire](#)
- [Leave No Trace](#)
- [Start a Fire with One Match](#)

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**One Scout, One Match, One Fire,
One Cup of Hot Chocolate**



The Adventure:

Who in your Patrol can make a cup of hot chocolate the fastest? How about with limited resources—over an open fire, lit with only one match? That might sound easy, but all it takes is a little gust of wind for your one match fire to go up in a wisp of smoke!

Individually or in pairs, race to gather tinder, kindling and fuel. Carefully light your fires using a single match, then stoke them to a healthy blaze. The first Scout or pair of Scouts to bring a small pot of water to a boil wins the race!

When your race is through, use the hot water to make hot chocolate. That way, everybody wins!



S-13



It starts with Scouts.



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